

1 6 S E P T E M B E R 2 0 1 2

# PFLAG<sup>of</sup> Door County

5-6:30PM THE 3RD SUNDAY AT HOPE CHURCH, STURGEON BAY

## TRANS\*

### What's the asterisk about?

One of the challenges of my being transsexual is trying to educate and explain to people about what that means. The language itself seems to struggle at times with the pronouns and terms. Too often the very words end up clinical, and unnatural. People don't like polysyllabic words!

As I met other people, they would use the word 'trans' to represent an aspect of themselves. Originally, I wasn't a fan of this usage. It is too close to a term that I don't think will ever be 'reclaimed.' And for me, I identify as a woman, not 'trans' even though I was born male. However, as I heard it used more, it made more sense.

When I first saw in text the term 'trans\*' I started looking around for some footnotes. But I think that's part of the intention. The term 'trans' doesn't cover all the very diverse ways people express their gender identity any more than 'gay' can cover all the ways people express their orientation.

The term 'trans\*' is a way to acknowledge that there are many many ways to express gender, more than can even fit in our plethora of terms. Rather than to list transgender, transsexual, gender nonconforming, intersex, we put the asterisk to remind ourselves that we need to mentally have that footnote, and include the whole spectrum.

## WHAT DOES THE RAINBOW MEAN TO YOU?

Last month we had a discussion on the meanings of the rainbow flag. Tell me what the rainbow and the colors symbolize to you and I'll put it together for next month's newsletter. [pflag@elizabethmitchell.name](mailto:pflag@elizabethmitchell.name)



Advocacy, education and support for gay, lesbian, bisexual and transgender people, their families and friends.

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## PFLAG Door County Parents, Family, and Friends of Lesbians and Gays



September, 2012

Dear Friend,

On behalf of the Board of PFLAG Door County, I thank you for your support of our organization. This is the group's first general request to the community and PFLAG membership. We need your financial support! PFLAG does have 501(c)(3) non-profit status and all contributions to PFLAG are tax deductible as allowed by law.

PFLAG - Door County (Parents, Families and Friends of Lesbians and Gays) was formed 15 years ago because of a local young gay man who thought he was alone and was considering suicide. He wasn't alone. He also wasn't the only gay person who felt alone or considered suicide. A report in Pediatric in 1998 stated that gay, lesbian, bisexual and transgender youth have about a three times higher rate of attempted suicide than the general youth population. Studies also suggest that the coming out experience of 50% of GLBT teens was very negative and 25% were kicked out of their homes.

PFLAG's mission is to promote the health and well-being of gay, lesbian, bisexual, and transgender persons, their families and friends through

Support - support to cope with an adverse society,

Education - to enlighten an ill-informed public, and

Advocacy - to end discrimination and secure equal civil rights.

PFLAG provides opportunities to dialogue about sexual orientation and gender identity and acts to create a society that is healthy and respectful of human diversity. PFLAG is not affiliated with any ethnic, religious, or political group.

Contributions will help PFLAG maintain a 24/7 phone to provide support and resources to callers and provide up-to-date educational resources to local schools and libraries.

Please be our partner in supporting the GLBT community and their friends and family members in Door County. We appreciate your generosity and look forward to your contribution! Thank you!

Sincerely,

Richard Gardiner, President

**PFLAG Door County, PO Box 213, Sturgeon Bay, WI 54235, (920) 743-8146,**  
[www.pflagdoorcounty.org](http://www.pflagdoorcounty.org)

## OCTOBER PFLAG DC MEETING

In the October meeting we will be voting for the 2013 leaders. Please join us, whether to vote or volunteer!

October also the time for yearly dues of \$20.

## LGBTQ SERVICES



Brad Baranowski MS, LPC

Brad has a wide range of experience counseling adolescents and adults, currently works in a private practice in Madison & will be providing *sliding fee income based* services in Door County!.

He has dedicated his career to helping and teaching those who are marginalized and holds a particular passion for working with the LGBTQ population. Counseling available for:

- Identity management
- Transgender issues
- Anxiety/mood disorders
- Career guidance & counseling
- Self-esteem and stress management
- LGBTQ concerns
- Gender/sexuality
- Addiction
- Grief/loss
- Couples

Patients with and without insurance are welcome  
Hormone Consultation/Prescription Available

WELLNESS CENTER OF DOOR COUNTY

312 N. 5th Avenue

Sturgeon Bay, WI

(920) 746-9444

[wellnesscenterofdoorcounty.com](http://wellnesscenterofdoorcounty.com)



# Calendar of Meetings and Other Events

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## Appleton

### **PFLAG of Appleton**

PFLAG of Appleton meets on the 2nd Wednesday of the month at the Appleton Harmony Café, 233 College Avenue at 6:30 p.m. For more information, please email: [pflagappleton@gmail.com](mailto:pflagappleton@gmail.com).

### **Valued Families**

(Support Group for LGBTQ parents with children)

Note: this group disbanded in late 2010. If anyone would like more information about this group or similar groups in the area, please call Jesse Heffernan, 920-734-CAFÉ (2233).

### **Spectrum**

(LGBTQ and allied social group 18 years and up) Spectrum meets Mondays from 7:00 p.m. until 9:00 p.m. at Harmony Café--Fox Valley, 233 East College Avenue, Appleton, WI 54911, 920 734-2233.

[See also under Green Bay below]

### **GBLT Partnership**

(Offers leadership development and support for teens ages 14-18)

GBLT Partnership meets weekly on Tuesdays from 6:00 p.m. until 8:00 p.m. at Harmony Café--

### **Door County**

#### **PFLAG Door County**

PFLAG Door County meets on the 3rd Sunday of every month at 5:00 p.m. at the Hope UCC Church, 12th and Michigan, Sturgeon Bay. For more information:

[www.pflagdoorcounty.org](http://www.pflagdoorcounty.org) or  
[Richard\\_gardiner2001@yahoo.com](mailto:Richard_gardiner2001@yahoo.com)

Fox Valley, 233 College Avenue, Appleton, WI 54911. Tel. 920-734-2233.

[See also under Green Bay below]

# Calendar of Meetings and Other Events

## Green Bay

### Conversation Cafe

The following happens at the Harmony Café (West Mason Street (next to Toys R Us)):  
Conversation Café takes place every Friday from 11:30 a.m. to 1:00 p.m., hosted by Cricket.  
For a complete list of the services provided by the Harmony Café, click on the following link:  
[www.focol.org/harmonycafe/](http://www.focol.org/harmonycafe/)

### The Green Bay Transgender Group

(The Green Bay Transgender group meets on the 1st Wednesday of the month from 6:30 p.m. until 8:00 p.m. at the Harmony Café.

### Spectrum

(LGBTQ and allied social group 18 years and up)  
Spectrum meets Tuesdays from 7:00 p.m. until 9:00 p.m. at Harmony Café, Green Bay, 1660 West Mason Street, Green Bay, WI 54303. Tel. 920-569-1593.  
[See also under Appleton above.]

### Manitowoc PFLAG Manitowoc County

PFLAG Manitowoc County meets the 1st Thursday of the month from 7:00 p.m. to 8:00 p.m. at the St. James Church, 434 N. 8th St.  
[pflagmanty@gmail.com](mailto:pflagmanty@gmail.com)  
1-920-374-3524

### GBLT Partnership

GBLT Partnership (Offers leadership development and support for teens ages 14-18)

GBLT Partnership meets weekly on Mondays from 6:00 p.m. until 8:00 p.m. at Harmony Café-Green Bay, 1660 West Mason Street, Green Bay, WI 54303. Tel. 920-569-1593.

[See also under Appleton above.]

### LaCrosse PFLAG LaCrosse

PFLAG LaCrosse meets every Tuesday starting at 6:30 p.m. at the LGBT Resource Center of the 7 Rivers Region.  
[www.7riverslgbt.org](http://www.7riverslgbt.org)

### Adult-Gay/ Straight Alliance of Green Bay

A-GSA, Adult Gay/Straight Alliance of Green Bay, is a new advocacy group located

in Green Bay for families and friends of persons who identify as GLBT.

A-GSA provides opportunities for dialogue about topics related to sexual orientation. All sessions are respectful, nonjudgmental, and strictly confidential. A-GSA charges no fees. All are welcome.

Meetings are 6:00-8:00pm, second Tuesday of the month (September through May)

"The English Room" at the Union Congregational United Church of Christ

716 S. Madison St. Green Bay, WI 54301

Contacts: Michele Becker, 920-432-1283 or John and Karen Wirch 920-434-9960.

# Calendar of Meetings and Other Events

## Madison

### PFLAG Madison

#### Straight Spouse Group

PFLAG Madison meets the 3rd Sunday every month except June, July and August, from 2:00 p.m. until 4:00 p.m. The Straight Spouse Group meets at 4:00 p.m., immediately following the PFLAG Group meeting. See [www.pflag-madison.org](http://www.pflag-madison.org) for directions and agenda topics.

## Point

### PFLAG Point

PFLAG Point meets on the 3rd Tuesday of every month from 6:00 p.m. to 8:00 p.m. No permanent meeting place has been determined. Link on the following for more information: [www.pflagpoint.com](http://www.pflagpoint.com) or phone 715-572-6922.

## Milwaukee

### PFLAG Milwaukee

PFLAG Milwaukee meets on the 3rd Sunday of every month at 5:00 p.m. at the Martin Luther Church in Milwaukee. See the following for more information: [www.milwaukee-pflag.org](http://www.milwaukee-pflag.org).

## Oshkosh

### PFLAG of Greater Oshkosh

PFLAG of Greater Oshkosh meets the 2nd Tuesday of each month at 6:30 p.m. at the First Congregational Church, 137 Algoma Blvd. in Oshkosh. Contact information: [pflagoshkosh@gmail.com](mailto:pflagoshkosh@gmail.com).

## Newsletter Contact Information:

PFLAG Sturgeon Bay/Door County  
Sturgeon Bay, WI 54235  
920-421-8875

Website: [www.pflagdoorcounty.org](http://www.pflagdoorcounty.org).

E-mail: [pflag@doorcounty.com](mailto:pflag@doorcounty.com)

Also find us on Facebook: PFLAG Door County

Secretary: Beth Mitchell [pflag@elizabethmitchell.name](mailto:pflag@elizabethmitchell.name)

If you would like to be removed from the PFLAG e-mail list, please let us know by replying to this e-mail and we will remove your address.

## Washburn

### PFLAG Washburn

PFLAG Washburn meets on the 4th Tuesday of every month at 7:00 p.m. on the lower level of the Washburn Public Library, 307 Washington Avenue, Washburn. For further information, please call 715-209-1100.