

1 9 A U G U S T 2 0 1 2

# PFLAG of Door County

5-6:30PM THE 3RD SUNDAY AT HOPE CHURCH, STURGEON BAY

## PFLAG OF DOOR COUNTY PICNIC

### PFLAG of Door County Celebrates Summer-Style

PFLAG of Door County celebrated its fifteenth annual anniversary picnic at Sunset Park on Sunday, August 5 from 1:00 until 3:00 p.m.

Sixteen celebrants braved the chill and the wind.

Everyone brought a dish to pass around that did a great deal to make everyone completely forget the somewhat unfavorable weather.



Advocacy, education and support for gay, lesbian, bisexual and transgender people, their families and friends.

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PFLAG's past president, Sandy, took advantage of the wind (when handed lemons, make lemonade, is her motto) and flew a kite (or better yet, tried to fly a kite) containing the colors of the gay flag. Sandy also adorned the picnic

grounds with a large Gay Flag that we suspended from a tree. Before lunch of the pass around dishes, Beth shared with the group her reviews of several books that she had recently read,

something we enjoyed as much as the kite flying and the tree-adorned flag, which is to say, very much.



After the meal and book reviews, we played a game presented to us by a member of the Adult Gay Straight Alliance group in Green Bay. I called it, "Who Am I?" The

players draw a card from a pile. The card has a picture of someone or something. Without looking at the card, the player who picks it up places the card on his or her forehead. Everyone sees what's on the card except the person "wearing" it on his or her forehead. Then, the "audience"



gives clues to help the card-wearing person try to guess "Who Am I?" Thanks, Lloyd, for suggesting the game.

With thoughts of the kite flying, the Gay Flag adorning the tree, the book reviews, and the fun we had playing "Who Am I?" fresh on our minds, not to mention the wonderful food that was all happily eaten, we went on our separate ways home.

Thanks to everyone for the wonderful picnic and, of course, for supporting PFLAG for another successful year.

Richard Gardiner, Pres  
Door County PFLAG



## PFLAG OF DOOR COUNTY SEEKING VOLUNTEERS

Volunteers are needed to help staff the PFLAG booth at the Farmers Market on Saturdays in Sturgeon Bay, from 9:00 a.m. until noon. Please email or call Richard Gardiner if you are willing and able to volunteer for this worthy endeavor. Richard's contact information:

[richardgardiner2001@gmail.com](mailto:richardgardiner2001@gmail.com) or 920-746-0981.

## A TERM TO KNOW: HETERONORMATIVITY

**Heteronormative** – a bias, whether from an individual, organization or system, that favors distinct and heterosexual male and female roles both in gender expression and sexuality. In other words, that men should be masculine, women should be feminine, and sexual attraction should only exist across gender lines.

It would include both homophobia and transphobia, as well as sexism. Something can be heteronormative even when there is no intention to discriminate.

### For Example

At a roller skating rink, the DJ calling for the girls to grab a boy for a slow song. This would put a girl who is attracted to another girl in a very awkward position.

In gym, the class being divided boys verses girls for a competition. This can be a challenge for someone who's assigned gender is different from their gender identity. They may feel they don't have a place in either group!

### For More Information

Wikipedia has an [article](#) on heteronormativity that is both relatively simple and far more complete than can be fit here.

Syracuse University produced a most excellent [book](#) containing numerous essays on this topic. It is geared toward educators, so it illustrates how to avoid heteronormativity from positions of leadership, but the language is academic and can be challenging.

NEXT MONTH:  
LOOK FOR AN ARTICLE ON  
THE TERM “TRANS\*”.

## US SHRINKS SAY TRANS NO LONGER 'MENTAL ILLNESS'

**American Psychiatric Association removes transgender from mental illness category after years of LGTB lobbying**

LGBT global news 24-7  
06 August 2012 | By Matthew Jenkin

Transgender people are no longer considered 'mentally ill' by the American Psychiatric Association.

The mental health organization's decision to replace the term 'gender identity disorder' with 'gender dysphoria' means transgender is no longer categorized as a mental illness and comes after years of campaigning by activists.

'It no longer matters what your body looks like, what you want to do to it, all of that is irrelevant as far as the APA goes,' said Dana Beyer, a retired eye surgeon who helped the Washington Psychiatric Society make recommendations for the chapter on 'Sexual and Gender Identity Disorders'.

She told the Associated Press: 'A right-winger can't go out and say all trans people are mentally ill because if you are not dysphoric, that can't be diagnosed from afar.'

The change will have an impact on legal cases, with courts unable to use a person's gender identity against them, but also meaning trans people can't use their 'disorder' as a defense. The move is being cited as the step big step in the LGBT rights movement since the APA announced in 1973 that homosexuality was not a mental illness, paving the way for greater tolerance and acceptance in society.

'All psychiatric diagnoses occur within a cultural context,' Jack Drescher, a New York psychiatrist and member of the APA subcommittee, told the Associated Press.

'We know there is a whole community of people out there who are not seeking medical attention and live between the two binary categories. We wanted to send the message that the therapist's job isn't to pathologize.'

## LGBTQ SERVICES



Brad Baranowski MS, LPC

Brad has a wide range of experience counseling adolescents and adults, currently works in a private practice in Madison & will be providing *sliding fee income based* services in Door County!

He has dedicated his career to helping and teaching those who are marginalized and holds a particular passion for working with the LGBTQ population. Counseling available for:

- Identity management
- Transgender issues
- Anxiety/mood disorders
- Career guidance & counseling
- Self-esteem and stress management
- LGBTQ concerns
- Gender/sexuality
- Addiction
- Grief/loss
- Couples

Patients with and without insurance are welcome  
Hormone Consultation/Prescription Available

WELLNESS CENTER OF DOOR COUNTY

312 N. 5th Avenue

Sturgeon Bay, WI

(920) 746-9444

[wellnesscenterofdoorcounty.com](http://wellnesscenterofdoorcounty.com)



# Calendar of Meetings and Other Events

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## Appleton

### **PFLAG of Appleton**

PFLAG of Appleton meets on the 2nd Wednesday of the month at the Appleton Harmony Café, 233 College Avenue at 6:30 p.m. For more information, please email: [pflagappleton@gmail.com](mailto:pflagappleton@gmail.com).

### **Valued Families**

(Support Group for LGBTQ parents with children)

Note: this group disbanded in late 2010. If anyone would like more information about this group or similar groups in the area, please call Jesse Heffernan, 920-734-CAFÉ (2233).

### **Spectrum**

(LGBTQ and allied social group 18 years and up) Spectrum meets Mondays from 7:00 p.m. until 9:00 p.m. at Harmony Café--Fox Valley, 233 East College Avenue, Appleton, WI 54911, 920 734-2233.

[See also under Green Bay below]

### **GBLT Partnership**

(Offers leadership development and support for teens ages 14-18)

GBLT Partnership meets weekly on Tuesdays from 6:00 p.m. until 8:00 p.m. at Harmony Café--

### **Door County**

#### **PFLAG Door County**

PFLAG Door County meets on the 3rd Sunday of every month at 5:00 p.m. at the Hope UCC Church, 12th and Michigan, Sturgeon Bay. For more information:

[www.pflagdoorcounty.org](http://www.pflagdoorcounty.org) or

[Richard\\_gardiner2001@yahoo.com](mailto:Richard_gardiner2001@yahoo.com)

Fox Valley, 233 College Avenue, Appleton, WI 54911. Tel. 920-734-2233.

[See also under Green Bay below]

# Calendar of Meetings and Other Events

## Green Bay

### Conversation Cafe

The following happens at the Harmony Café (West Mason Street (next to Toys R Us)): Conversation Café takes place every Friday from 11:30 a.m. to 1:00 p.m., hosted by Cricket. For a complete list of the services provided by the Harmony Café, click on the following link: [www.focol.org/harmonycafe/](http://www.focol.org/harmonycafe/)

### The Green Bay Transgender Group

(The Green Bay Transgender group meets on the 1st Wednesday of the month from 6:30 p.m. until 8:00 p.m. at the Harmony Café.

### Spectrum

(LGBTQ and allied social group 18 years and up) Spectrum meets Tuesdays from 7:00 p.m. until 9:00 p.m. at Harmony Café, Green Bay, 1660 West Mason Street, Green Bay, WI 54303. Tel. 920-569-1593. [See also under Appleton above.]

### Manitowoc

#### PFLAG Manitowoc County

PFLAG Manitowoc County meets the 1st Thursday of the month from 7:00 p.m. to 8:00 p.m. at the St. James Church, 434 N. 8th St. [pflagmanty@gmail.com](mailto:pflagmanty@gmail.com)  
1-920-374-3524

### GBLT Partnership

GBLT Partnership (Offers leadership development and support for teens ages 14-18)

GBLT Partnership meets weekly on Mondays from 6:00 p.m. until 8:00 p.m. at Harmony Café-Green Bay, 1660 West Mason Street, Green Bay, WI 54303. Tel. 920-569-1593.

[See also under Appleton above.]

### LaCrosse

#### PFLAG LaCrosse

PFLAG LaCrosse meets every Tuesday starting at 6:30 p.m. at the LGBT Resource Center of the 7 Rivers Region. [www.7riverslgbt.org](http://www.7riverslgbt.org)

### Adult-Gay/ Straight Alliance of Green Bay

A-GSA, Adult Gay/Straight Alliance of Green Bay, is a new advocacy group located

in Green Bay for families and friends of persons who identify as GLBT.

A-GSA provides opportunities for dialogue about topics related to sexual orientation. All sessions are respectful, nonjudgmental, and strictly confidential. A-GSA charges no fees. All are welcome.

Meetings are 6:00-8:00pm, second Tuesday of the month (September through May)

"The English Room" at the Union Congregational United Church of Christ

716 S. Madison St. Green Bay, WI 54301

Contacts: Michele Becker, 920-432-1283 or John and Karen Wirch 920-434-9960.

# Calendar of Meetings and Other Events

## Madison

### PFLAG Madison

#### Straight Spouse Group

PFLAG Madison meets the 3rd Sunday every month except June, July and August, from 2:00 p.m. until 4:00 p.m. The Straight Spouse Group meets at 4:00 p.m., immediately following the PFLAG Group meeting. See [www.pflag-madison.org](http://www.pflag-madison.org) for directions and agenda topics.

## Point

### PFLAG Point

PFLAG Point meets on the 3rd Tuesday of every month from 6:00 p.m. to 8:00 p.m. No permanent meeting place has been determined. Link on the following for more information: [www.pflagpoint.com](http://www.pflagpoint.com) or phone 715-572-6922.

## Oshkosh

### PFLAG of Greater Oshkosh

PFLAG of Greater Oshkosh meets the 2nd Tuesday of each month at 6:30 p.m. at the First Congregational Church, 137 Algoma Blvd. in Oshkosh. Contact information: [pflagoshkosh@gmail.com](mailto:pflagoshkosh@gmail.com).

## Milwaukee

### PFLAG Milwaukee

PFLAG Milwaukee meets on the 3rd Sunday of every month at 5:00 p.m. at the Martin Luther Church in Milwaukee. See the following for more information: [www.milwaukee-pflag.org](http://www.milwaukee-pflag.org).

## Washburn

### PFLAG Washburn

PFLAG Washburn meets on the 4th Tuesday of every month at 7:00 p.m. on the lower level of the Washburn Public Library, 307 Washington Avenue, Washburn. For further information, please call 715-209-1100.

## Newsletter Contact Information:

PFLAG Sturgeon Bay/Door County  
Sturgeon Bay, WI 54235  
920-421-8875

Website: [www.pflagdoorcounty.org](http://www.pflagdoorcounty.org).

E-mail: [pflag@doorcounty.com](mailto:pflag@doorcounty.com)

Also find us on Facebook: PFLAG Door County

Editor/Secretary: Beth Mitchell [benmitche@mac.com](mailto:benmitche@mac.com)

If you would like to be removed from the PFLAG e-mail list, please let us know by replying to this e-mail and we will remove your address.